11480 Commerce Park Drive
Fitness Center COVID Rider

I acknowledge the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing and limiting public exposure. Further, use of the fitness center continues to be governed by Executive Orders issued by the Commonwealth of Virginia.

I acknowledge that I must comply with all set procedures to reduce the spread while utilizing the fitness center. These procedures include, without limitation:

- Maintaining 10 Feet of distance at all times between fitness facility users
- Wearing a mask at all times, except when actually using exercise equipment
- Wiping down equipment before and after each use
- Not granting access to unregistered users
- Not utilizing the fitness center if more than 5 people are present
- Not utilizing the fitness center if I am ill, have been exposed to someone suspected and/or confirmed with COVID, traveled to highly impacted areas in the last 14 days or been diagnosed with COVID and not yet cleared by a state or local health authority.
- Any other requirements set forth in applicable governmental authorities, including Executive Orders issued by the Commonwealth of Virginia.

Employee Signature: _____

Print Employee Name: _____

Date: _____